

Role Play: Alzheimer's Disease (AD) and Related Dementias

Directions:

Give assigned students team scenarios. Students must act out scene prompt; they may use any props in the skills laboratory, lights, audio, and media as necessary. Students will perform scenario for the whole class and must clearly demonstrate the underlined behaviors, show the stage of AD and the care a CNA must perform to help the person. The whole class must determine type of behavior or sign/symptoms/stage of AD and if the best care for the resident was demonstrated.

Hint: for larger teams, you may want to have a student narrating the scene to highlight background information, passage of time, locations, and more details of scenario situation.

Scenario Prompt 1:

Mr. /Mrs. Jones has a companion caregiver, he/she experiences Wandering and Getting Lost when picking up groceries at the store. When Mr. /Mrs. Jones returns home, it is getting dark outside and experiences increased confusion due to Sundowning.

Scenario Prompt 2:

Mr. /Mrs. Shah is a resident in a long-term care facility memory care unit. He or she asks you to help get the kids ready for lunch. It is time for breakfast, and you need to give him/her morning care and take him/her to the dining room. Mr./Mrs. Shah believes that the children may be in trouble showing signs of Paranoia.

Scenario Prompt 3:

Mr. /Mrs. Williams is a resident in a long-term care facility. He or she tells you they hear President Kennedy giving the State of the Union Address regarding the Cuban Missile Crisis. This broadcast is coming from the closet (Hallucination). You need to assist the resident with a shower, and you are worried about a Catastrophic Reaction that may occur when you ask the resident to leave the room. A Catastrophic Reaction occurs in the shower room once the water hits their hand as you are adjusting the temperature.

Scenario Prompt 4: Mr. /Mrs. Lee lives at home with family, he/she experiences Rummaging, Hoarding and Changes in Intimacy when at home. The primary caregiver is the daughter, Minglei. She is disturbed by the changing behaviors, stressed out and does not know how to keep them safe anymore. Minglei has hired you to help provide care to her parent.